

Chapter 11: Blowing Branches

333rd Day

November 28th

Life Force-Chi

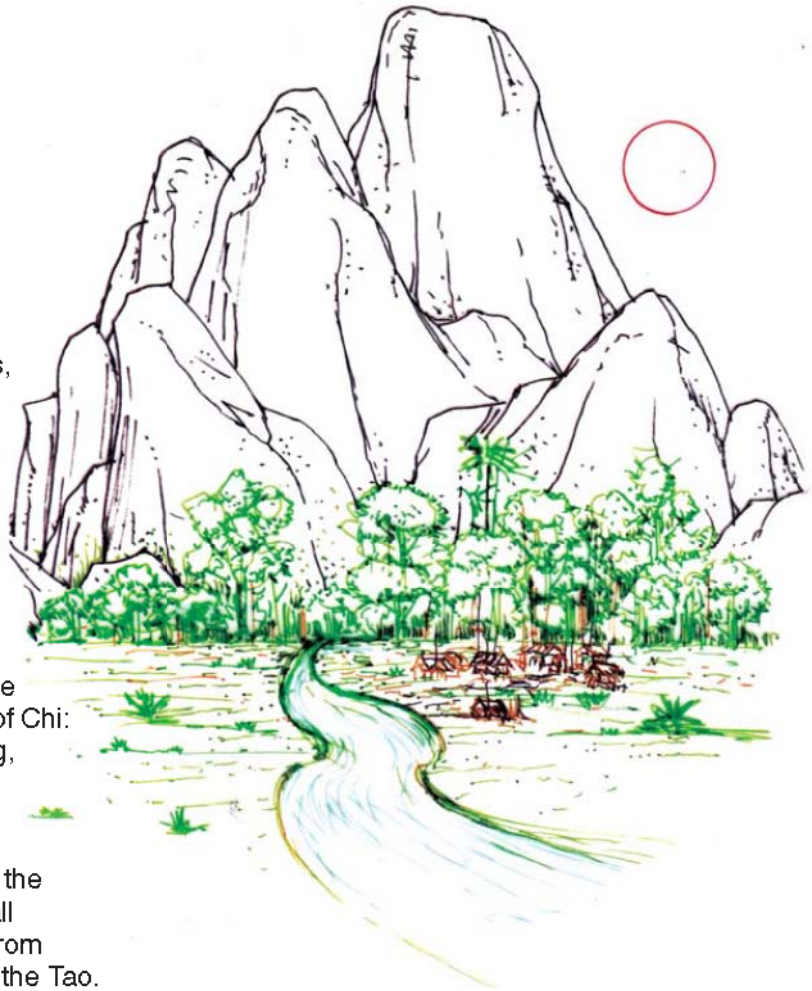
Life is defined by Chi
Even though it is impossible
To Grasp, Measure, Qualify
See, Visualize or Isolate.

Chi is Immaterial yet Essential;
The Material World is formed by it.
An Invisible Force known by its Effects,
Chi is recognized Indirectly by what it
Fosters, Generates and Protects.

Matter is Chi taking shape forming
Mountains, growing Trees, streaming
Rivers and proliferating All Creatures.

In the Human Being All Functions of the
Body and Mind are all Manifestations of Chi:
Sensing, Cogitating, Feeling, Digesting,
Stirring, Breathing and Propagating.

Chi begets Movement and Heat and is the
Fundamental Mystery and Miracle of all
That Exists and cannot be separated from
The Way it manifests and that Way is the Tao.



Commentary:

It is possible to grasp, measure, qualify, see, visualize, or isolate chi, but it still defines all of life. Chi is immaterial yet essential; the material world is formed by it. An invisible force known by its effects, chi is recognized indirectly by what it fosters, generates, and protects. Matter is chi taking shape, forming mountains, growing trees, streaming rivers, and proliferating all creatures. In the human being, all functions of the body and mind are all manifestations of chi: sensing, cogitating, feeling, digesting, stirring, breathing, and propagating. Chi is the fundamental mystery and miracle of all that exists, begetting movement and heat but cannot be separated from the way it manifests, and the way is the Tao.