

**Chapter 6: Fire Burning**

**177<sup>th</sup> Day**

**June 25<sup>th</sup>**

**No Darkness in Light**

Darkness cannot recognize Light  
Only Light can recognize Light.  
When there is Light, there is no Darkness.

Darkness disappears in Light,  
For the Light is within us  
But we are lost in Darkness.

The Light is the Way  
And the Way is the Tao  
For the Tao is the Light.

We are Light Beings  
And that Light is within us;  
All we need is to turn it on.

Silently Sitting Still in Darkness  
The Light will appear within  
For those who are focused and aware.

This is the Way to find ourselves  
For we are the Light; it is in the Darkness  
Just be Present and look within  
And this how we are Enlightened.

**Commentary:**

We are lost in darkness but where there is light there is no darkness. The light is within us and darkness disappears in the light. The light is the way and the way is the Tao for the Tao is the light. We are light beings and that light is within us, all we need is to turn it on. Silently sitting still in darkness, the light will appear within for those who are focused and aware. We are the light which is in the darkness and all we have to do is look within and we will find ourselves and become enlightened.

